

## The key to making great beer

Effective yeast management should be top of any brewery's agenda. Here, Professor Chris Boulton shares his wisdom on why this is so crucial and how excellent beer can be achieved every time.

"Yeast is very good at converting fermentable sugar into ethanol but there is always a shortfall because of the proportion of sugar needed to support new biomass formation" ROPER YEAST management is a vital process within the brewery environment and can lead to more consistent fermentations, enhanced beer quality, reduced fermentation times and more...

Here, *New Food* hears from brewing expert, Professor Chris Boulton, a consultant to the brewing industry who has worked in the sector for 36 years and held several technical roles with major brewing companies, to find out more about his experience with yeast management.

### **Professional history**

In 1984, Prof Boulton was recruited to the research department of Bass Brewers, based in Burton on Trent. "The industry was going through a shift – from the production of traditional ales to big national lager brands," he recalled. "Matching beer specifications for brands produced at several different brewery sites was vital. In addition, batch sizes were growing much bigger and so more was at stake in terms of failure if one batch was atypical. Just as important was the issue of payment of excise. Up until the 1990s, beer tax in the UK was based on the strength of wort, not on the alcohol contained in the finished beer.

"Yeast is very good at converting fermentable sugar into ethanol but there is always a shortfall because of the proportion of sugar needed to support new biomass formation. Remember the obvious primary object of yeast when inoculated into wort, the growth medium, is to grow not produce beer. The excise system included an allowance for this shortfall. Being 'wily brewers' we were able to make a lot more beer and grow less yeast than Her Majesty's Customs and Excise allowed for and could legally avoid a lot of tax. Bear in mind, a big brewery such as Bass would be paying several millions of pounds in beer excise per month.

"Consistent beer quality and total beer yields and fermentation cycle times are all totally dependent

on good fermentation control. A key part of this is ensuring yeast is in a consistent physiological condition when inoculated (pitched) into wort. This is made more difficult by the practice of serial re-pitching. Yeast from one fermentation is cropped and stored up to a few days before a proportion is re-pitched to start a subsequent fermentation. Having a means to ensure the yeast remains fit-for-purpose is obviously an important aspect of yeast management. The inoculation rate (pitching rate) must be controlled precisely. In this early period in my brewing career, and in common with many other brewers, we were not good at these essential tasks and an important part of my job was to seek improvements."

## **Controlling fermentation**

During the early years of his employment at Bass, Prof Boulton started to look closely at how the company was controlling fermentation. "The answer was not very well, there was a great deal of inconsistency in beer yields and fermentation cycle times, which made planning very difficult."

"If fermentation control is inadequate the variability in cycle times can be +/- a few days, meaning that spare vessels were always required. Since these cost several hundred thousand pounds each, you will appreciate this is a profligate use of Capex.

"Good fermentation control is dependent on ensuring consistent initial conditions. This means, wort volume and composition, temperature, oxygen concentration and pitching rate. We were not good at controlling the latter. At that time, pitching rate was typically controlled by adding to the wort a known mass or volume of a slurry of yeast with a pre-determined solids content. Variability



in the initial cell count, expressed as viable cells per ml, was probably of the order of +/- 20-30 percent of the target. Aber's Compact v350 Touch Screen being installed at a brewery

"It was obvious we needed a much more precise and repeatable method for controlling the pitching process. Furthermore, it would be an even more »

## EXPERT VIEW

## Aber Instruments



Rhys Jones Product Applications Manager, Aber Instruments



## One step ahead

Aber Instrument's 'Perfect Pitch' enables breweries to take back ownership of their schedules and plan more effectively.

Many breweries expand their capacity by installing additional fermenters. For yeast management, this might lead to a shortage of yeast brinks or a requirement to adopt cone-tocone pitching techniques. Another side to expansion is investment in more space, which is not always possible. Therefore, strategies that can reduce variability in fermentation times and help you plan more accurately are invaluable. Aber's in-line range of sensors have been the standard for measuring yeast and automated pitching and cropping of yeast, and widely adopted across many large breweries over the past 25 years.

With a growing craft industry both here in the UK and abroad, we have been keen to assist growing craft breweries with the same technology. To satisfy this thriving sector, we introduced a portable yeast pitching skid – the Aber Perfect Pitch. This utilises the same sensor technology as the Compact Yeast Monitor system while enabling cone-to-cone pitching via flexible hosing.

The Yeast Monitor probe within the skid works on the proven principle of radio-frequency impedance. The capacitance measured by the Yeast Monitor in the yeast slurry is directly proportional to the amount of live yeast present. A preset target concentration

is entered into the mini PLC in the form of a recipe. The Yeast Monitor and the flowmeter communicate with the mini PLC to ensure the correct concentration of live yeast has been pitched into the fermenter.

Independent studies have concluded that the Perfect Pitch can create significant improvements in the performance and consistency of fermentations, along with reducing fermentation times which could result in energy, cost and efficiency savings. This empowers users to better plan and even schedule more fermentations per month or year, increasing brewery output without having to invest in real estate. "Historically, brewers have been very bad at quantifying yeast concentrations and even worse at gauging the physiological condition of individual cells"



Chris Boulton

Before entering the brewing industry, Chris worked within the **Biochemistry Department** at the University of Hull where he began as a Research Technician. After achieving a first degree via day release, he went on to gain a PhD, undertaking several post-doc positions. It was at this point he began working with yeast. specifically oleaginous types. As his career in beverages progressed, Chris served in several technical roles with major international brewing companies, including Bass Brewers, MolsonCoors and SABMiller. Chris has also helped to devise and deliver courses in brewing science at the University of Nottingham and is an external examiner for under and post-graduate courses in brewing and distilling science at Heriot Watt University. He currently acts as an expert consultant to the brewing sector. attractive proposition if we could find a method for automatic control of pitching.

"This would require an in-line sensor capable of measuring viable yeast cell concentration. Back then the only in-line yeast concentration sensors were based on turbidometry; this was never really a practical approach since wort itself is cloudy and no correction for viability is possible.

"Luckily, we chanced upon Aber Instruments. Based on initial meetings with Professor Doug Kell and Bob Todd, it was immediately apparent that Aber had the answer...but it needed a lot of development. The prototypes were really laboratory instruments, not suitable for use in the harsh environment of a production brewery.

"There followed an intense period of trials and meetings in which we confirmed that the principle of operation of the instrument was sound and certainly capable of meeting our needs. The machine was simplified to read at a single frequency, made brewery-proof and modified to read, when calibrated, in units which brewers readily understood. This sounds very simple but required a lot of small changes known collectively as 'Bob's mods'.

"These developments culminated in the first commercial automatic brewery yeast pitching system using an Aber biomass monitor which included a letter B in the model number, signifying Bass. This set-up delivered a step change in the consistency of fermentation performance at Burton brewery and led to its adoption in all other breweries in the group. The rest is history."

The Aber biomass monitor has come a long way since the early Bass trials. "It is now the 'go-to' pitching system for all of the world's major breweries," said Prof Boulton. He describes this as a remarkable achievement, explaining that brewers are highly conservative and not usually overly trusting of novel technology.

"Historically, brewers have been very bad at quantifying yeast concentrations and even worse at gauging the physiological condition of individual cells," Prof Boulton added. "This is understandable since none of these are easy to do unless you have ready access to a laboratory full of relatively sophisticated equipment. The result is that yeast populations are typically assessed simply on the basis of total and viable cell counts, both carried out using the combination of manual microscope cell counts and vital stains such as methylene blue.

"This is a lamentable situation since yeast is obviously the essential catalyst that converts wort, a sugary liquid, into beer. If yeast is not in the correct condition, the outcome of fermentation will be compromised. The knock-on effects are inconsistencies in fermentation performance and by implication variability in the efficiency of plant utilisation, beer yields and beer analysis." According to Prof Boulton, Aber's meter has removed a great deal of this inconsistency by virtue of providing a precise and repeatable method of quantification of viable biomass. "When used in-line in automatic systems further demonstrable gains are made, especially in fermentation consistency."

He continued: "When Aber-based pitching and cropping systems are combined it is possible to keep automatic track of individual yeast lines as they progress through the brewery yeast cycle and to compute approximate growth rates in fermentation. Collectively this forms a total yeast management system providing raw data for input into brewery quality systems for use in trend analyses."

In discussing the implications of online yeast monitoring for the bottom line, Boulton believes consistency is key. "More consistent fermentation cycle times improves predictability, therefore making production scheduling more accurate and improving vessel utilisation," he noted. "This can be quantified in two ways. Either by increasing the number of brews per vessel annually, thereby increasing beer output with existing vessels, or through being able to produce the same total beer output with fewer vessels. Brewery fermenters are costly to buy and operate, so potential savings in Capex and Opex can be made."

### **Challenges and solutions**

Prof Boulton believes there are a lot of opportunities within the brewery industry, centered around the need for a greater understanding of the use of yeast under (often) extreme conditions.

Currently, most brewers place an arbitrary limit based on not much more than guesswork. Rather than risk atypical performance, almost certainly perfectly good yeast is wasted. "A rapid frequency scan carried out before pitching using an on-line monitor designed for this purpose would be worthwhile exploring," he suggested.

Prof Boulton also recalled some of his earlier work which he said would be worth further exploration. The project involved placing eight Aber biomass probes into a 1500 hL capacity cylindroconical and using these to monitor yeast distribution during high gravity fermentations.

The results indicated that their assumptions as to the timing of crop formation and how this related to other key indicators of progress such as decrease in wort gravity and formation and disappearance of diacetyl were largely incorrect. The project shown that the provision of mechanical stirring in large fermenters significantly shortened cycle times and gave much more consistent cycle times. "A lot of fine-tuning remains to be done," he said. "Fitting Aber probes into large vessels would be a very useful tool for doing this and if made permanent a much better method for managing the whole process."

# It's a masterpiece.



# An online yeast monitor. Bringing the consistency and benefits of science to the art of brewing.

The importance of yeast management in a brewery cannot be overstated. Understanding how many live yeast cells are working for you is one of the most important facets of yeast management in a brewery. Better yeast management can directly lead to more consistent fermentations and beer quality, reduced fermentation times, reduced production of off-flavours and better use of vessels to name but a few, resulting in better consistency, less waste and increased profits.





waste

%↑
Increased
profit

ABER has over 25 years of dedicated providing brewing experience in equipment that measure the live concentration of yeast in the brewing process. ABER Yeast Monitors are used and trusted by all the major brewing groups across the world. We also have a host of scientific publications that attest the benefits of the technology and the reliability of our brewing equipment. Bringing you the consistency and benefits of science to the art of brewing.

## To discover more

Visit www.aberinstruments.com/brewing/ Call +44 (0) 1970 636300 Email sales@aberinstruments.com

